

Apricot Pineapple LeanMR

- 2 scoops Vanilla LeanMR
- 1/4 cup crushed pineapple
- 1 fresh apricot, diced
- 6 strawberries
- 1/2 banana
- 1 1/2 cups skim milk

Place all ingredients in a blender and blend until smooth.
Add crushed ice as desired for a rich milkshake effect.

Calories	440
Fat (g)	3
Saturated Fat (g)	1
Cholesterol (mg)	7
Sodium (mg)	322
Carbohydrate (g)	70
Fiber (g)	13
Protein (g)	35
Calcium (mg)	502

